

JEFF ZINN

Jeff Zinn shares his story and insights on mental illness – punctuated by actual video footage – and a set of proven Recovery tools

Jeff Zinn hit rock-bottom as a result of his bipolar 1 disorder. He was hospitalized – three times – and treated for bipolar 1, acute stress, anxiety and psychotic features. Treatment for these disorders lasted nearly a decade before his studies and training led him to discover Recovery tools.

As a professional speaker who is certified in psychiatric rehabilitation, Jeff shares this message with clinicians: Treatment and Recovery must go hand-in-hand. That's why – in every keynote and experiential workshop – Jeff teaches clinicians Recovery tools to share with their patients, so they can discover a life of peace, joy and purpose.

Keynote Presentation for Health Care Providers

A Rare Glimpse: Jeff Zinn shares his story of mental illness, captured on video, and his proven Recovery tools

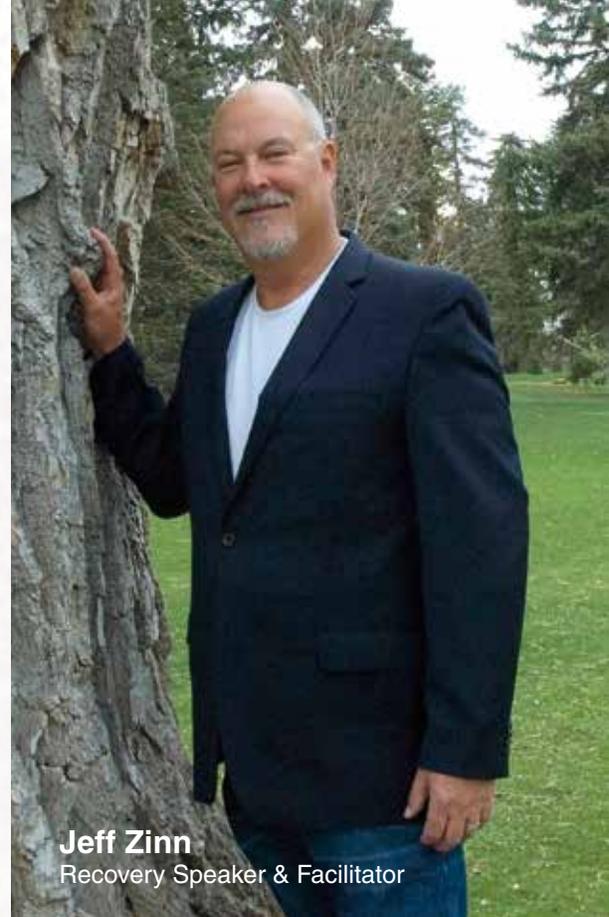
Treatment of mental illness enables patients to get a handle on their disease – while Recovery enables them to live a life of peace, joy and purpose. According to SAMSHA, Recovery leads to a dramatic shift in positive outcomes. In this memorable, content-rich keynote, Jeff Zinn shares the unvarnished truth about his own mental illness, punctuated by actual video footage of a documentary filmed while he was in the throes of a psychotic episode. Plus, attendees learn Recovery tools they can use to assist their patients on the path to Recovery.

Experiential Workshops for Health Care Providers

Rare insights: Hear Jeff Zinn's story of mental illness, watch his documentary, and experience his proven Recovery tools

Fueled by unchecked ego and manic behavior, Jeff Zinn hired a film crew to document his success in the apparel industry. Ironically, this documentary recorded his psychotic episode and, later, his path to Recovery. This documentary, *A MAN-I-C*, is integrated into this workshop to illustrate Jeff's experiences and shed light on mental illness. In addition, clinicians learn a set of proven Recovery tools for their patients. Attendees will:

- Watch the documentary to gain insights.
- Participate in a candid Q&A session with Jeff.
- Experience a proven set of Recovery tools to teach your patients.

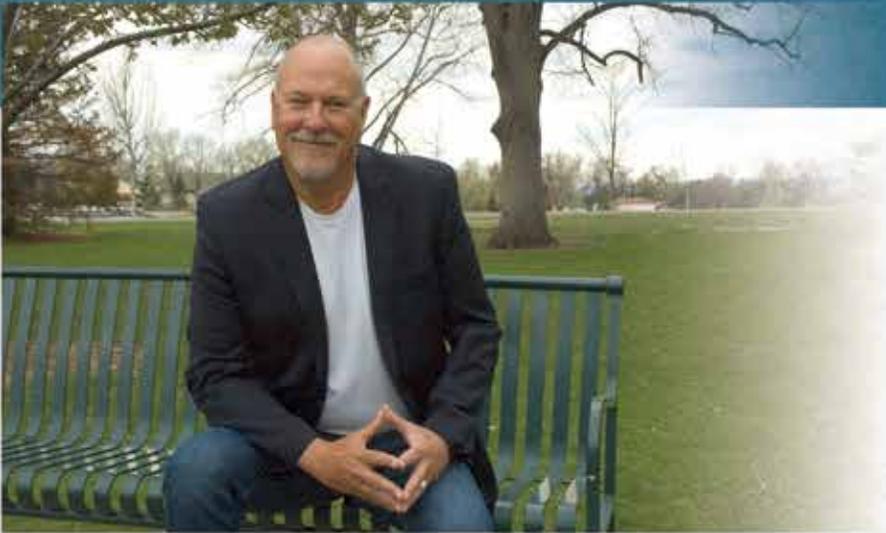


Jeff Zinn
Recovery Speaker & Facilitator

Perfect for these groups:

- Professional associations, mental health organizations, clinics and hospitals
- All medical doctors including psychiatrists and primary care physicians
- Psychologists, counselors, mental health providers and specialists
- Physician assistants
- Nursing staff





Meet Jeff Zinn, Recovery Speaker & Facilitator

Jeff Zinn has built a reputation as an inspiring and knowledgeable professional speaker in the field of mental disorders and Recovery. What sets Jeff apart? His direct experience with mental illness, unique perspective and psychiatric training.

At age 47 Jeff was diagnosed with bipolar 1, acute stress and anxiety. In his keynotes and experiential workshops, Jeff does more than just talk about his illness. He shows his audience what it looks like. As fate would have it, just before his first psychotic episode – and fueled by an unchecked ego and manic behavior – Jeff hired a film crew to document his rocketing success as a new business owner in the apparel industry.

Instead, the film crew captured Jeff's first psychotic episode – and followed Jeff for the next 12 years as he struggled with his illness and his eventual path to Recovery. The documentary, titled *A MAN-I-C*, is a raw and unvarnished account of mental disorder.

Jeff lost his family and career to his disorder. At one point, he was homeless and penniless. For 9 years, he was treated for his disorder. Everything changed when he entered a new phase: Recovery. Today, Jeff is living proof that Recovery from mental disorder is possible – and he asserts that Recovery must go hand-in-hand with treatment.

As a professional speaker who is certified in psychiatric rehabilitation, Jeff Zinn shares his proven set of Recovery tools with clinicians who assist patients to achieve Recovery.

Watch Jeff's documentary: A MAN-I-C

Jeff Zinn's documentary reveals his slide into mania – with actual footage of his psychotic episode – and his path beyond treatment to Recovery.

Visit www.JeffZinnSpeaker.com to watch this documentary. You'll gain a sense of the power and impact of Jeff's keynotes and workshops.

Attendees rave!

"The tools that Jeff shares can be life changing. His presentations teach you how to apply his Recovery tools to everyday life."

"Jeff shared simple tools to use every day. He presents with great compassion and real-life examples."

Book Jeff Zinn for a keynote or experiential workshop today.

Jeff Zinn
Recovery Speaker & Facilitator
303-856-3553
Jeff@JeffZinnSpeaker.com



*Recovery tools for a life of peace,
joy & purpose.™*